

st George's
EPSOM

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Hello lovely families,
It's great to see you all today as we continue our discussion on **Lent** and what this season can mean for us as we look forward to the celebration of Easter †

Youth and **Kid's Church** will be meeting downstairs during the service time and we'd love you to join us!

God bless you all in the coming week,
Jess, Hayley, Callum and the team

This week we continue to pray for **Sarah** who is in Kenya to attend **SIM's Global Assembly**, which is held every 5 years for SIM leaders. **For Freedom** was launched at the last one in Johannesburg in 2018 so it will be a very different experience going this time with For Freedom an established ministry.

Also, please pray for **Dee** who is travelling nearly the length of NZ over the next month for a mixture of time to see friends, have some ministry debrief and to meet prayer and ministry partners as part of her furlough



Thanks so much to **Garland Ganler** who reacted so positively to last week's ESOL request for an elementary teacher. We're delighted to welcome her on to our team!

NOW we have a need for more teachers at the **intermediate** or **upper intermediate level!** If you would be willing to teach at this level, either as a regular or relief teacher, please contact **Rose Cooper** on 021 170 7070 or email rosecooper2000@gmail.com

City Mission Needs Our Help!!

Families are really struggling, especially after this last cyclone. On Sunday, if you are able, please bring a can of spaghetti, tomatoes, vegetables, soup, fruit, meat, fish, sauces, creamed rice..... to help the **City Mission help Aucklanders in desperate need!**
A huge thank you to all who support this wonderful cause.



Morning Tea



You are warmly invited to stay for morning tea in the **Hall** after the **10am** service.

Everyone

Wednesday
Morning
10am
Service



Opportunities for Prayer @ St George's

Saturday Morning Prayer - Zoom Up: Weekly prayer meeting on Zoom 8.30am – 9.30am. Contact Malcolm Taylor, taylor_nz@xtra.co.nz for more information.

Prayer Ministry: After every service there are always people available to pray with you. All those offering prayer have been trained to pray with others.

Prayer Chain: There is a small group who pray for requests confidentially. Contact: David and Lynette Wood dandlwood@gmail.com or phone 021 208 3561.





“Empowering people to be Christ’s followers in the world.”

SUNDAY SERVICE, 5 March

10.00am

THEME: ‘Lent - Fasting from Illusions’

SPEAKER: Karen Spoelstra

READINGS: Romans 8:1-11; John 8:1-11 & 31-36

VERSE OF THE DAY: Psalm John 8:36 “So, if the Son sets you free, you will be free indeed”

WEDNESDAY SERVICE

8 March 10.00am

Speaker: Judy Carey - ‘Living Without Worry’

SUNDAY SERVICE

12 March 10.00am

Speaker: Josh Jones - ‘Journey of Lent’

VISITORS ... It’s great to have you worshipping with us today. We hope you feel at home here and we look forward to getting to know you.

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REFLECTIONS FROM REV JOSH JONES

One of my favourite Lent wisdoms on the value of **‘fasting’** comes with these words... **‘We fast in order to appreciate more fully the feast.’**

The essence of this wisdom is that we fast from the habits of our hearts that can hold us captive and are life-diminishing so that we may enjoy the life-giving feast found in the freedom of Christ.

Today, Karen Spoelstra continues our Lent theme by exploring what it is we need to ‘let go of’ in order to be ‘set free’. I came across this Lent prayer from William Arthur Ward (1921-1994) that expresses all of this.

Lenten Prayer: Fast From, Feast On

During Lent, let us...

Fast from judging others; feast on the Christ within them.

Fast from emphasis on difference; feast on the unity of life.

Fast from discontent; feast on gratitude.

Fast from complaining; feast on appreciation.

Fast from worry; feast on trust in God’s Care.

Fast from unrelenting pressure; feast on unceasing prayer.

Fast from thoughts that weaken; feast on promises that inspire.

Fast from shadows of sorrow; feast on the sunlight of serenity.

Fast from bitterness; feast on forgiveness.

Fast from personal anxiety; feast on eternal truth.

Fast from discouragements; feast on hope.

Church Staff Contact List

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Verger

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GIVING

• EFTPOS: Not available at the moment.

• INTERNET BANKING: Westpac Bank A/c # 03-0104-0109844-01

• DONATION BOX: In the hall or office.

ROOF

• INTERNET BANKING: Westpac Bank A/c # 03-0104-0109844-04